

Navigator Project at LawNY

OPEN ENROLLMENT DATES: Nov. 1, 2025 - Jan. 31, 2026.

LawNY® has Navigators who help individuals and families enroll in health insurance.

You may be able to enroll in health insurance within 60 days of a “*qualifying life event,” which include:

- Loss of health insurance
- Moving into or within New York State
- Marriage
- Loss of Essential Health Coverage
- Having or adopting a child
- Becoming eligible or ineligible for financial assistance
- Becoming a citizen, national or lawfully present individual
- No longer being eligible for a parent’s health insurance

* A qualifying life event is a significant change in a person's life that may make them eligible for a Special Enrollment Period (SEP) for health insurance.

If you qualify, you can enroll in Medicaid, Child Health Plus and Essential Plan (new) anytime throughout the year.

Navigators do not work for a health insurance company and provide unbiased advice and assistance. Our Navigators can walk you through the enrollment process and help resolve issues that come up.

We can travel to you to help you enroll in health insurance. We can also set up appointments to accommodate your schedule.

For more information about enrolling in health insurance or to setup an appointment please call: 1-855-250-7748

[Learn more about your health insurance options in New York State by watching a recorded presentation found here.](#) This video was recorded and originally presented by LawNY® Navigator, Daniel Palermo, on October 8, 2024.

Last updated on September 23, 2025.

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The end of January marks the end of Poverty Awareness Month. To recognize this...

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SNAP benefits for November 2025 may be delayed.The New York State Office of...

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